

Careers Newsletter

Autumn 1, 2025



Who are the Careers Enterprise Company?

- The Careers & Enterprise Company (CEC) is England's national body for careers education, working with schools, colleges, and employers to improve provision in line with the Gatsby Benchmarks, including their 2025 updates. CEC supports Careers Leaders through accredited training (nearly 4,000 trained since 2019), connects education providers with employers through 44 co-funded Careers Hubs covering 94% of institutions, and provides tools, data, and resources to strengthen practice. Its data from over 233,000 students and 900 employers helps measure impact, focusing on employer outreach, student career readiness, and school and college improvement. Careers provision, including for SEND learners, has improved nationally—SEND institutions perform particularly well in providing workplace experiences, especially when part of a Careers Hub.

□ Workplace Trips & Visits

4JD visit the Saints Stadium

On Monday 13th October, Class 4JD visited St Mary's Stadium, home of Southampton FC, to take part in a careers event run by the Saints Foundation. Throughout the day, students took part in workshops exploring key employability skills, practised techniques for specific job roles, and gained a fascinating insight into how a professional football club operates.

Activities included learning how to “dress to impress,” practising interview techniques, and exploring careers in retail and hospitality. Students also developed teamwork and critical thinking skills before enjoying a behind-the-scenes tour of the stadium, visiting the VIP restaurant, announcer's box, and both dressing rooms to learn about the psychology of competitive sport. Their behaviour and engagement were excellent, and the Saints Foundation staff shared glowing feedback about the group.



Pathway 3 Year 11: Workplace Rights

Before half term, our Year 11 students explored the topic of workplace rights as part of their careers learning. They discussed the key rights employees have at work and learned where to go for advice or support if they ever need it. Below are some of the websites we used in class — along with a few extras. We encourage you to explore them together with your son or daughter to help deepen their understanding of their rights in the workplace.

Job Support for SEND

[Job support if you have special educational needs or a disability | National Careers Service](#)

SEND Resources

[Useful SEND Resources and Websites - CXK](#)

Jobcentre Plus

[Jobcentre Plus support - JobHelp](#)

Labour Market Quiz:

1. How many Employed people are there in Southampton? a. 138,452 b. 132,800 c. 134,230
2. How many people are employed in process plant & machine operative jobs? a. 10,100 b. 11,020 c. 9, 478
3. What is the average hourly pay across the city? a. £16.74 b. £17.65 c. £18.38

Workplace Trips & Visits

4DC Attend i-Construct

The visit was extremely welcoming and well organised. Students toured three construction companies, including one working on the new Sports Centre, and explored a wide range of roles in the industry. They took part in a Top Trumps-style activity about qualifications, skills, and salaries, before enjoying hands-on experiences such as bricklaying, flying a drone, and operating machinery — even meeting a robotic dog!

The day was a great success, with most students saying it had inspired them to consider a future career in construction.



Labour Market Quiz Answers: 1. b. 2. a. 3. b.