

Great Oaks Weekly

Friday 10th October 2025



Healthy High Five

This week, classes across the school and college have been taking part in **Healthy High Five Week**, focusing on being active, eating well, drinking water, resting, and connecting with others. Pupils have enjoyed a range of healthy activities, from fitness challenges and outdoor games to cooking, mindfulness, and teamwork tasks promoting wellbeing.

Coming up...



Thursday 16th October:
Parent Evening 5pm – 7pm



Remember – there will be hotdogs!

Please note that all parents evening meetings will be on West Site:



West Oaks

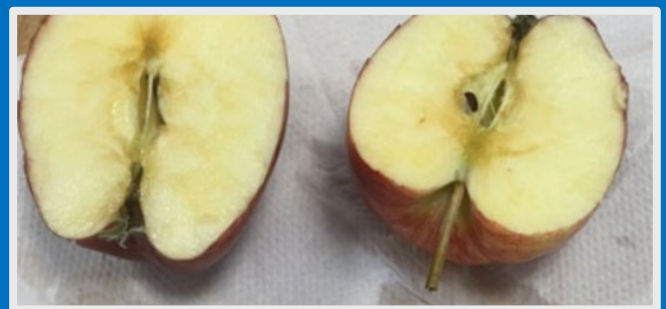
Vermont Close | Southampton | SO16 7LT

Later this term...

November parent coffee morning
Christmas Fayre Friday 5th Dec 6pm-8pm

Right: E16 enjoying a healthy walk in the sunshine.

Top left: A16 went to Lepe Country Park for fresh air, sunshine and exercise.



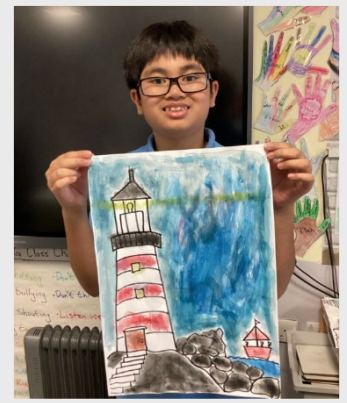
PSHE – The power of words

As part of Healthy High Five Week, students in 3AK took part in a fun activity using apples to explore kindness and communication. One apple was spoken to kindly and the other unkindly, then both were cut open to compare. Students understood it was previously set up this way, but it helped them think about how words can affect others and how kindness helps us all stay healthy and connected.

Why don't ants get diseases?
They have little anty-bodies!

Joke from 4HC

HAHA
HAHA
HO HO HO



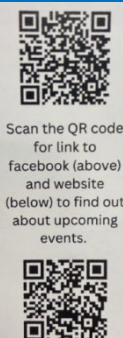
3IG Lighting up Learning

The English focus this term in Year 7 is *The Lighthouse*, and wherever possible, other subjects link into this theme. In art, students applied their colour-blending skills from previous lessons to create beautiful lighthouse scenes.

Parent Carer Forum

Would you like to have a say in current and future services for young people with SEND?

If you are interested in joining the Southampton Parent Carer Forum, scan the QR codes for more information.



Next week...

STEM Week



Next week is STEM Week, and classes will take part in a range of exciting activities all about *connections* — from building and construction challenges to problem-solving and teamwork tasks. Pupils will explore how science, technology, engineering, and maths link together in the world around us, encouraging creativity, curiosity, and collaboration. We can't wait to see what they create — we'll share photos in next week's newsletter!



South Site News

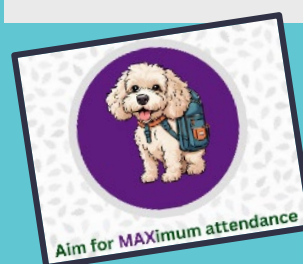
By our new regular columnist **Mike Bull**

Happy students went home with chocolate brownies, croissants and loaves of bread from the Great Oaks Food Pantry on Wednesday.

As part of the College Enterprise Scheme students are distributing food and washing pre-loved uniforms. All donations gratefully received.

Staff have been modelling "looking" and "choosing" at Speech and Language Therapy sessions.

Two new sheep have arrived at City Farm, Heidi and Edith. Both have been neglected and abandoned but are happily settling into their new home!



MAXimum Attendance

Attendance this week was 89.7%. We have dipped slightly this week. We understand there are lots of coughs and colds around. A reminder that **Students can still attend school with mild cold symptoms such as a runny nose or sore throat, as long as they feel well enough.** For guidance on when to keep your child home, please visit the NHS advice page on school attendance or contact our welfare team for support.

... Did someone say hotdogs? Woof!

