



# College Newsletter

## 12.1.2024



### Self-management skills



### Kate's Corner

Happy New year to all our young people and their families.



Happy New Year to all our young people and their families!

What an exciting term to come! We have our college residential at the end of this term and Emily is busy making plans to ensure that it will be full of fun and experiences for all who attend. Parents, if you can attend on the live link that will be sent out, then we will provide you with all the information you need to know.



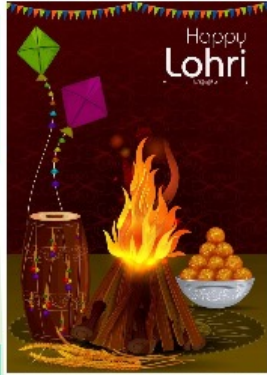
Emily is planning a College Residential for the end of term.

Whilst the weather is currently very chilly, we encourage everyone to make sure they are bringing in coats to stay warm.



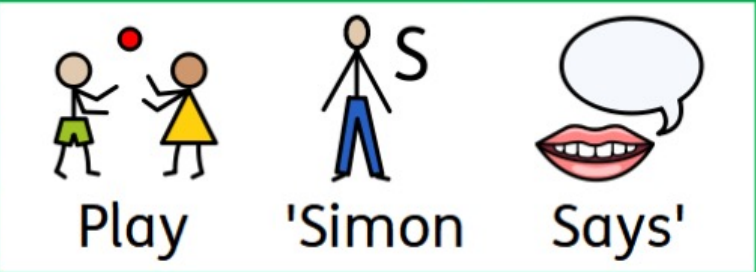
Please can all students bring coats to College - it is chilly on the Farm!

Have a nice weekend, Kate



Skills Builder Challenge

Listening



Play

'Simon

Says'

Demonstrate your listening skills by playing a game of 'Simon Says' with your family or friends.

Pick another member of your family or friends to be 'Simon'. Everyone else must follow Simon's instructions but only when they say 'Simon says...'. For example, if 'Simon says touch your nose', you touch your nose. However, listen carefully because if the person does not say 'Simon says' you do not need to do it.

**Extension:** Encourage everyone to show their listening by changing who 'Simon' is.

D16 are learning to make party food this term. On Tuesday we made fruit salad. We worked on our Independent Living Skills by taking responsibility for personal hygiene routines and using knives safely.



A16 went to Lordshill library to hand in their library card application forms. We each chose books we wanted to borrow and learnt how to use the technology to check out the books. Rahmu chose a Mary Berry cookbook and Daniel also chose a cookery book to get ideas for our healthy café which is being held every Monday afternoon in the Trees Café.

A16 hosted a Mince Pie and Hot Chocolate event for Wayahead Day Service. Service users from across the city came to celebrate with us including some of our ex-pupils which was a nice surprise.

A16 have been working hard this week to complete our artwork for the common room in the Lodge. The theme was 'colourful', and we chose a selection of colours to create the background for the picture.

A16 have also been practising money skills this week. We played the 'pocket money game' where we made decisions around spending, earning and saving money.



M16 were interested in learning about the Isle of Wight and Southampton after a trip to Lepe Beach. We looked at Google earth and learned about the tides and shipping lanes. M16 have been researching into the Common Room, and what we would like to see as part of it. We really want to have a tuck shop, a Nintendo Switch, sensory lights, lava lamps, bean bags and bubble tubes in our common room. We have googled images of what we'd like to see and put the pictures on a Mood Board.



F16 has had a brilliant week. On Tuesday, we went down to Southsea and visited the pier. We then had some lunch at a beach café, before heading over to look at the Butterfly House. Everyone really enjoyed seeing the different types of butterflies and saw how they were all feeding too. We have also started work on our money topic, so some of us visited Tesco to buy our cooking ingredients for the week. Everyone has enjoyed having our friend Alex back at college. He has worked especially hard on his maths skills by looking for 2D shapes around the college and working on identifying them.



**Diary Dates**

**Thursday 18<sup>th</sup> January at 5pm**  
 College Residential information meeting –  
 online link to be emailed nearer the time

**Wednesday 24<sup>th</sup>**  
 Parents Coffee Morning with the Welfare  
 Team