



College Newsletter



15.3.2024

Interpersonal skills

Kate's Corner



Afternoon everyone,
Wow what a fantastic morning we had today during the grand opening of the common room! It was so lovely to see the space in use and everyone smiling and enjoying themselves together. Thank you to M16 who hosted the event and prepared all the lovely snacks. We hope this space is well enjoyed and used by our students.
Have a lovely weekend.
Kate

next week

Diary Dates

18th – 22nd March 2024
Residential and Activity Week

The student planned grand opening of our new common room!



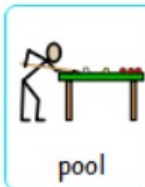
A16 have been practising our yoga skills every Friday morning. We start with a warmup, then a yoga routine and finish with some relaxation. We're all becoming familiar with the positions and can manage the whole routine now.



D16 have continued working with Tom on making birdboxes in woodwork. Vicky and Harjinder enjoyed exploring the materials.



M16 visited The Grow Project in Southampton. We met the service users and the friendly staff. We did artwork, chilled out in their sensory room and played pool.



F16 baked scones together. We tasted and then reviewed them – agreeing that they were delicious! We have also been welcoming Jacob who is joining us as part of his transition to College.

Skills Builder Challenge

COMMUNICATION

Communication



Think of your favourite place.

? ✓ What would you like to tell others about it?

Think of your favourite place, this could be your house, a relative's house, a park, a museum or anywhere else you have been.

Imagine that you are giving someone a video tour of your favourite place.

Plan where you would take them and how you could talk about the different parts or features of it. Role-play giving the tour, or write yourself a script with descriptive language.



Celebrate



SOUTHAMPTON CITY FARM

DAY SERVICE OPEN EVENING

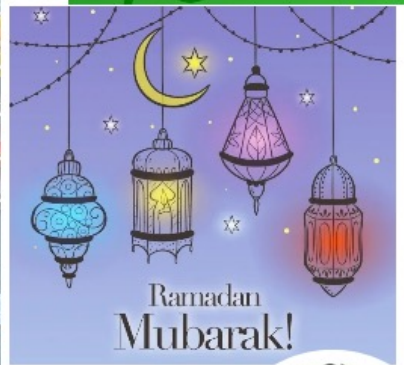
Thursday 21st March 5.30 - 7.00 pm

Want to find out more about our day service?

Come along for a tour, and meet our staff and animals!

Learn about what a day on the farm involves; from cleaning out chickens, to walking goats!

Refreshments supplied



WAY AHEAD EASTER FAIR
TESTLANDS HUB GREEN LANE

21ST MARCH 2024
COFFEE MORNING 11AM TILL 2PM

HAPPY Easter

EASTER EGG RAFFLE
TEA/COFFEE/HOT CHOCOLATE
HOMEMADE CAKES

20 MARCH
International Day of Happiness

Global Recycling Day
7.8.03

COMIC RELIEF

WORLD SLEEP DAY

WORLD ORAL HEALTH DAY