



College Newsletter

7.6.203

Self-management skills

Afternoon all,

Kate's Corner

The sensory and calm rooms are complete! A huge thank you to Sarah, our pathway manager for all her hard work in getting these

rooms funded and set up.



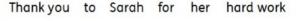




















and calm room

These will be a brilliant space for our young people to go to relax and enjoy the hugely beneficial sensory experience. These rooms will be open from Monday and classes will have an allocated weekly class slot to benefit. I look forward to sharing photographs with you next week of these spaces in use.

> Have a great weekend, Kate

A16 visited the Southampton Special Purpose Workshop. We tried all the activities on offer there such as splitting wood to make kindling, dismantling old photocopiers and printers for recycling and assembling plastics for contracted businesses. Dawid spent the morning taking apart the printer, Chardonay and Carolina worked independently in assembling inserts for fire doors, Daniel filled bags with kindling to sell, Ben split the wood for kindling and Vinnie stripped copper from spools to recycle it. We had a great morning in a busy and productive workspace.









Skills Builder Challenge











Sample Footer Te

plan and

Summer is almost here - it's a great time of year to think of the future. What would you like to achieve in the coming months? Write down a goal you have and begin to plan how you can reach that goal.

Consider:

- What will success look like?
- How will you feel when you reach that goal?
- What will you need to do to be successful?
- · Who might be able to help you?

Extension: Consider how you are going to track this goal.















